

# Adult Care Worker — Level 2

eLearning programme





## Adult Care Worker — Level 2

### eLearning programme



Occupational Profile: Adult Care Workers are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives.

Job titles might include: Care Assistant, Care Worker, Support Worker, Personal Assistant, Relief Team Worker, Support Worker – Supported Living, Key Worker in Residential Settings, Key Worker in Domiciliary Services, Key Worker in Day Services, Home Care Support Worker, Substance Misuse Worker, Learning Disability Support Worker, Mental Health Support Worker, Mental Health Outreach Worker and Re-enablement Worker.

To work in care is to make a positive difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges. Adult Care Workers need to have the right values and behaviours developing competences and skills to provide high quality compassionate care and support.

Job roles are varied and determined by, and relevant to, the type of the service being provided and the person supported. Adult Care Workers may work in residential or nursing homes, domiciliary care, day centres, a person's own home or some clinical healthcare settings.

Personal assistants do the same job as an Adult Care Worker and work directly for one individual usually within their own home. Working with people, feeling passionate about supporting and enabling them to live a more independent and fulfilling life is a rewarding and worthwhile job that provides excellent career opportunities.

"To work in care is to make a positive



difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges." These are the personal attributes and behaviours expected of all Adult Care Workers carrying out their roles:

- Care is caring consistently and enough about individuals to make a positive difference to their lives
- 2 Compassion is delivering care and support with kindness, consideration, dignity and respect
- 3 Courage is doing the right thing for people and speaking up if the individual they support is at risk
- 4 Communication good communication is central to successful caring relationships and effective team working
- 5 **Competence** is applying knowledge and skills to provide high quality care and support
- 6 Commitment to improving the experience of people who need care and support ensuring it is person centred

To view information on this Standard, please visit:

https://www.instituteforapprenticeships.org/apprenticeship-standards/adult-care-worker-v1-1



Aptem eLearning Level 2 Adult Care Worker provides an end-to-end solution for training providers looking to benefit from the efficiencies gained through electronic learning and assessment.

Enjoy high quality blended learning mapped to the Standard and fully integrated and ready to deliver from within Aptem.

Aptem eLearning is mapped directly to the Knowledge, Skills and Behaviours (KSBs) of the apprenticeship Standard, along with the mandated Level 2 Diploma in Care and is designed to support the 'On Programme Study' element of the apprenticeship journey, which includes:





#### eLearning

The learner completes each eLearning module, which provides a targeted learning piece against prescribed apprenticeship and qualification criteria.





#### **Assessment**

Once the elearning is completed, learners then complete a series of assessment tasks designed to showcase evidence against prescribed criteria.





## Learning Journey Portfolio

Once both elements are complete learners are able to showcase learning and assessment against prescribed KSBs and criteria, and use this to support their end-point assessment.

#### Aptem eLearning enables:

- learners to progress with their developmental journey through their apprenticeship.
- trainers/assessors to provide structured programmes of learning and development.
- quality assurance teams to monitor development and progress against prescribed objectives.

- training managers to provide consistent, well-resourced training to clients.
- employers to provide effective staff development.

### **Aptem eLearning Level 2 Adult Care** programme contains the following 9 modules:

- 1. Responsibilities of an adult care worker
- 2. Adult safeguarding
- 3. Personal development
- 4. Person centred approaches
- 5. Promoting well-being

- 6. Promoting equality and inclusion
- 7. Effective communication
- 8. Duty of care
- 9. Health and safety in care settings



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